

Directive to Administrators (Specify which administrators)	WAD (Wednesday) Publication Date	WAD Notice (Number)	No. of Pages
All Site Administrators	May 6, 2009		1

WAD Title ( Limit to 4-6 Words )	Date Due (if applicable)	Not Applicable After this Date:
<b>Soda Free Summer 2009 Campaign Kickoff</b>	n/a	<b>June 9, 2009</b>

From: <b>Meyla Ruwin</b> (Cabinet member or approved by one below)	Title: <b>Director, School Health Programs Dept.</b>	Signature:	Telephone: <b>242-2615</b>
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Inform:

Certificated Staff     Classified Staff     Parents     Post on Bulletin Board



### Administrative Directive

## Re-Think Your Drink This Summer!

- WHO:** All SFUSD Staff, After School Staff, Students & Families
- WHAT:** Soda Free Summer Campaign 2009 & *Kick Off* Event
- WHEN:** Summer 2009 *Kick Off* Event is May 28, 3:30 PM – 5:30 PM
- WHERE:** Kezar Stadium, 755 Stanyan Street, San Francisco, CA  
Bike Valet Parking is available for *Bike to School Day*
- WHY:** The average American eats almost 175 pounds of sugar a year—that's about **half a pound of sugar a day!** The single biggest source of added sugar is sugary drinks. Extra calories from all this sugar leads to weight gain, putting people at risk for lifelong health problems such as diabetes and heart disease.
- HOW:**
- To attend the kick off event: Group RSVP to Amy Nelson ([anelson@dcyf.org](mailto:anelson@dcyf.org))
  - To participate in *Soda Free Summer*: Register at [www.sodafreesummer.org](http://www.sodafreesummer.org). Chart your soda-free days & win prizes!
  - Classroom *Sugar Savvy* lessons are available at [http://www.banpac.org/resources\\_sugar\\_savvy.htm](http://www.banpac.org/resources_sugar_savvy.htm)

<i>Approved</i>	Cabinet Member: <b>Trish Bascom</b>	Title: <b>Associate Superintendent of Student Support Services</b>	Signature:
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